

# Welcome to St. Matthew's May 5, 2024

Jesus says, "As the Father has loved me, so I have loved you; abide in my love" (John 15:9, NRSV). One way we do that is to gather in Christian community. Welcome, beloved ones!

**Holy Communion:** All are welcome to come forward at the time of communion to receive God's gift of grace. Gluten free wafers are available to those using the center aisle distribution stations. Juice is available as an alternative to wine, in the center of each communion tray. Speak to an usher if you need assistance coming forward.

A large-print bulletin is available from an usher. If it's helpful to you or someone you are worshiping with, please take one.

**Name Tags:** To help Pastor Kevin learn people's names, we will offer name tags each week through the month of May. Thanks for helping him to learn names, and for making it easier for all of us to become better acquainted.

We welcome Pastor Carolyn Fredriksen as our guest preacher this morning.

Pastor Carolyn, a Wisconsin native, retired in 2020 after serving at St. Luke's Lutheran Church in Greendale, Wisconsin for 20 years. During her ministry she served congregations in Wisconsin Rapids, Cedar Rapids, Iowa and Rockford, Illinois. Pr. Carolyn and her husband John, recently joined St. Matthew's and are looking forward participating in the life of the congregation.

**Child for Baptism** (11:00): **Cedar Leonard Benson**, child of Alyssa Pisarski and Joshua Benson, Milwaukee, who was born January 23, 2024. Sponsors are Peter & Emmy Benson. Cedar has a big sister, Rosemary, who is four years old, and a big brother, Everest, two years old.

We Invite You to consider sponsoring a child through Compassion International – *Today! Marilyn Day brings us this opportunity to develop a one-on-one support relationship with a child* Millions of children around the world live in extreme poverty, unable to access even the most basic of needs. As the hands and feet of Jesus, we're called to do something about it. Compassion works to end child poverty by connecting children in need with local churches who care for them by fighting malnutrition, offering medical care and more. With these needs met, children can go from simply surviving to thriving — mind, body and soul. When you become a sponsor, you're personally connected with a child. Through letter writing and prayer, you'll be a source of encouragement as they break free from the cycle of child poverty.

- An introduction to the gospel of Jesus.
- Health care, including an annual medical exam
- Hvaiene training

- Malnutrition monitoring and intervention
- · Education and vocational training
- · Mentorship, love and belonging

Stop by the table in the Upper Commons to see the children available for sponsoring, and choose one for yourself!

# Bulletin Insert for Sunday, May 5, 2024

#### Adult Education 9:45-10:45am in the Upper Room:

May 5 - Breaking Barriers: Mental Health & Faith In honor of Mental Health Awareness Month, join us for a transformative presentation on navigating mental health with faith. Discover how to access free resources, utilize Stephen Ministry, and seek professional help. Learn to debunk myths, explore the intersection of spirituality and well-being, and break down barriers together. Presented by St. Matthew's member, Katie Nickel

**Kids for Christ and Disciples of Christ** (grades 1-5) will meet together with Donna Gardner Manke on Sunday, May 5 from 12:00-2:00 pm. Join us for pizza, Capture the Flag and other fun games. Cost is \$5. Friends are always welcome. Although we appreciate advanced sign-up, your child is welcome even if you didn't sign up.

#### A brand new opportunity: Volleyball

St. Matt's member, Sarah Frets, has organized a St. Matt's volleyball team. The season starts on Tuesday, May 7th at 7:15 pm at Classic Lanes in Oak Creek. Subs may be needed and fan support is highly encouraged! For more info please contact Sarah; <a href="mailto:sebolgert@gmail.com">sebolgert@gmail.com</a>.

# Saints Gathering for May features a speaker from Wehr Nature Center: Wednesday, May 15 beginning at 11:30am "Joys of Birding – Wehr the Birds Are"

Presented by Holly Walz, Park Naturalist at Wehr Nature Center

From beginning birder as a child to present day full-fledged adult bird nerd, Holly will bring stories and photographs from her life experiences watching birds, personally and professionally. Come to learn about birds found in the Milwaukee area - from our everyday Wisconsin State Bird the American Robin, to the migrating warblers that pass through on their way to nesting sites far and wide, to oddities that pop in from time to time.

Sign up at the Welcome Center; choose a lunch from these choices: Black Forest ham box lunch; herbed chicken salad box lunch, or Cobb salad box lunch. Suggested donation for lunch is \$12 each.

# Looking Ahead: Adult Education 9:45-10:45am in the Upper Room

May 12 - Our Building Renewal Plan – Learn all about it next Sunday
What is it? Why do we need to do this now? What is the scope of the projects and when will
they be completed? Please join Carl Johnson and others who will give you all the information
to understand what the building needs are.

## May 19 - How Lutherans Founded Parish Nursing Presented by David Zersen

Parish Nursing is a specialty practice recognized by the American Nursing Association that combines nursing with health ministry, emphasizing health and healing in a faith community. Simply said, it's a practice through which many religious groups serve the health needs of their members. Started by the Lutheran Church in Germany as Gemeindeschwestern (parish nurses), the movement developed independently in Lutheran churches in the U.S. and now has spread to denominations and institutions worldwide.

#### Stepping On Class (safety from falls) to be offered beginning May 28

Tuesdays, May 28 through July 9, 2024 - 9:45 - 11:45 am

St. Matthew's Lutheran Church, Upper Room - Cost is free (donations recommended)

Stepping On will help to reduce your risk falls. You will learn how to identify fall risk factors, how to get up safely from a fall, sitting and standing strength and balance exercises, strategies to help you stay independent and active, and how footwear, medication and vision can affect your risk for falling.

Is Stepping On for you?

- 60 and older
- · Have fallen or are fearful of falling
- Live independently
- ntly Are cognitively aware

• Walk without assistance or with a cane, or use a walker outdoors only Questions? Contact Kimberly Lombard, program facilitator, by calling 414-805-8744 or email

kimberly.lombard@froedtert.com

Register for this workshop series by calling 414-777-7700, option 4 or visit froedtert.com/classes. The registration deadline is May 20.

Mt. Meru Coffee: Your support is needed now especially Just as we have experienced some changes in our weather this past year, so have the coffee farmers in the Mt. Meru region of Tanzania in East Africa. This has affected the size of coffee harvests this past year so your purchase of Mt. Meru coffee is more important than ever. We stock the standard coffee in regular and decaf, grind or bean, in 12 oz. bags for \$12. There are other sizes and packaging options available for order. Stop by the coffee cart for more information. Justice never tasted so good!

**Upcoming Healing Services** Those desiring special healing prayers for themselves and/or other are invited to come forward, along with their support persons/family members. Note summer worship times.

Sunday. May 26. after the 9:30 am worship service

Sunday, June 16, during the 9:30 worship service Sunday, July 21, after the 9:30 am worship service

St. Matt's Meet-Ups are back for 2024! These casual gatherings, usually outdoors, are an opportunity to meet new people and enjoy our short Wisconsin summers. The first one is Wednesday, May 22 at 11:30am at Ally's Powerhouse, a restaurant with an outdoor patio at 10460 W. Innovation Drive, Wauwatosa. Look for the St. Matthew's sign on the table to identify the St. Matt's folks present.

# Mother's Day Diaper Collection is Happening Now! Bring Diapers to St. Matt's through Mother's Day, May 12<sup>th</sup>

Donations of diapers (all sizes), unscented diaper wipes, and diaper rash creams are needed by our central city partners. These items will be shared by Reformation Lutheran Church at their Baby Fair on May 18th and by Cross Lutheran at their food pantry. *Baby clothes and toys in good condition are also welcome*. **Donations are needed by Sunday, May 12th** and can be left in the collection area outside the church office. Thanks so much for your generosity!

**Choral Concert:** Today's **Jubilate Chorale Concert** will feature *Jubilate Deo* by Dan Forrest with Chamber orchestra. Today's concert is at 3:00 pm at St. Elizabeth Ann Seton Church in New Berlin. Tickets are available at the door. Brian & Bridget Smith of St. Matthew's are singers in the choir.

#### Lenten Offerings Help Support Scholarship Programs in El Salvador & Tanzania

Thanks to your Lenten donations, we collected nearly \$10,000 to support our scholarship programs in El Salvador & Tanzania. The donations will be shared with families who struggle to provide an education for their children because they cannot afford the cost of sending their children to school. Thank you for your generosity!

We continue to lift up this need in the hope that we fully support these programs and offer a scholarship to each student who needs one. You can learn more about the 39 students who need scholarships at Pan de Vida by checking out the bulletin boards in the music hallway. If you have questions about sponsoring students in El Salvador and Tanzania, please talk to Gretchen Haugse.

#### Beer Barons of St. Matthew's - No Skills Required

The Beer Barons of St. Matthew's convene on the third Thursday of each month - this time Thursday, May 16th. May's gathering takes place at Lion's Tail Brewing Co., located at 8520 W. North Ave. The Beer Barons of St. Matthew's is a group of men who generally make good decisions, looking to break "liquid bread" with other men who are also blessed and broken. Drinking beer is not required, but feel free to join us! The goal here is to simply be men of the church meeting other men where they're at.

Milkweeds for Monarchs and Natives for Nature: The Friends of the Monarch Trail invite you to plan your garden this year with a purpose—with wildlife as the theme. We can help you! Our group sells key native plants, including 6 types of milkweed. These native plants are grown chemical free, they are locally sourced and available at our plant sale May 11 & 12. You can pre-order full or half flats of milkweed or our easy mixtures for monarchs and pollinators by visiting <a href="www.TheMonarchTrail.org">www.TheMonarchTrail.org</a> Pick up orders or shop in person on May 11, 11:00am-4:00pm and May 12, 11:00am – 2:00pm at the Greenfield Park Pavilion, 2028 S. 124th St. West Allis.

## Thank you to our Assistants for worship services today!

(It's possible some of these people have switched dates since the bulletin was printed on Thursday morning. "Open" means this spot was not filled when bulletin was printed.)

Volunteer Host: Ruth Kallio-Mielke.

Acolytes: (8:30) Tyler Goeckermann, Michael Knutson. (11:00) open.

Coffee Hosts: Jim & Karie Clement.

**Communion Preparers:** (8:30) Karla Baierl, Patrick Gardner. (11:00) Margaret Crawford, Ruth Kallio-Mielke. **Communion Assistants:** (8:30) Joanne Ziarek, Leslie Gardner. (11:00) Alice Rudebusch,

Ginger Wooster.

Greeters: (8:30) Chris & Betsy Daniels, Toby & Heather Manternach. (11:00) Joyce Biehn, Trudy

Zauner, Laura Murray.

Lay Readers: (8:30) Joanne Ziarek. (11:00) Fred Heim. Ushers: (8:30) Chloe Eckdale-Dudley, Brad Iding, John Richter, Ken & Sue Voigt, Don Birschel. (11:00) John Dobbe, Maggie Dugan.

Lay Assistant: (8:30) Annette Olson.

Welcome Center Host: (8:30) Marion Heinz.

**Library Assistant:** Judy Holmes. **Stephen Minister:** Dee Birschel.

Worship Technology: (8:30) Bill Richter, Dave Locher. (9:45)

Dave McCullough. (11:00) Ed Bross, open.

YTD Financial Results as of:	04/28/24
General Fund Receipts	\$292,259
General Fund Budget (total monthly)	\$362,215
Over/(Under) Budget	(\$69,956)
Benevolence Disbursements	\$30,664
Building Fund Balance	\$185,887