

FONDY FOOD CENTER  
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FONDY FOOD CENTER – A LOOK AT HUNGER AND HEALTH

- I. What is food?
  - a. Commodity
  - b. Cultural expression
  - c. Human rights issue/ “barometer” of society
  
- II. Responses to hunger
  - a. Is it an emergency? YES
    - i. Food banks
    - ii. Government meal programs
    - iii. Income supports (FoodShare, WIC)
  - b. Is it an emergency? NO
    - i. System approaches – “food desert” concept
    - ii. Health – “diet related health conditions”
    - iii. Environment – organic foods movement
    - iv. Community/connection – gardens, markets
  
- III. Milwaukee's situation
  - a. Food banks are big – Hunger Task Force, Feeding America, workplace giving for food
  - b. Farmers markets – also big, easy access
  - c. Community gardens – Milwaukee Urban Gardens, County gardens, Alice's Garden & Seedfolks, Walnut Way Conservation Corps
  - d. Food retail systems – emerging partnerships
  
- IV. Three approaches and an intersection
  - a. We who “have” give to those who “have not” – No wasting food!
    - i. Food banking: “beggars can't be choosers”
    - ii. Changes in food retailing mean changes in food banking
    - iii. Commodities & Food Stamps
  
  - b. “You are too fat, eat more vegetables”
    - i. Nutrition education – vitamins not food
    - ii. Obesity & Hunger – What???
  
  - c. “It's the environment, stupid!”
    - i. Organic food movement
    - ii. Eat local
    - iii. Whole Foods/ Whole Paycheck
  
  - d. “Farm to Fork” tapping into the enduring power of farms, gardens, markets & people
    - i. Farmers markets in the city
      1. Great! Where are the new farmers?
      2. Poor feeding the poor, and staying poor?
      3. Community